

SOUPS

Lobster Bisque	5.75/cup	7.75/bowl	400/740 CAL
Roma Tomato Basil	4.50/cup	6.50/bowl	220/370 CAL
Signature Housemade Soup	4.50/cup	6.50/bowl	

STARTERS

Simple Salad 7.00 • 220 CAL
organic baby greens, petite tomatoes, croutons,
parmesan cheese, lemon basil vinaigrette

Fried Calamari 11.50 • 610 CAL
sweet and spicy peppers, jalapeño basil aioli

Crispy Brussels Sprouts 8.50 • 460 CAL
pepperoni, calabrian chili butter,
parmesan bread crumbs

Heirloom Tomatoes & Burrata 8.75 • 460 CAL
grilled sourdough croutons, extra virgin olive oil,
balsamic vinegar, basil pesto

Mediterranean Hummus 9.75 • 1320 CAL
garbanzo beans, kalamata olives, marinated feta,
extra virgin olive oil, za'atar flatbread

Housemade Chicken Meatballs 10.00 • 660 CAL
rustic marinara sauce, parmesan cheese,
grilled baguette

SALADS

Baby Gem Caesar 12.00 • 450 CAL
baby gem lettuce, garlic croutons,
parmesan cheese crisp, white anchovy,
caesar dressing
with roasted chicken 15.00 • 660 cal
with wild salmon * 17.50 • 630 cal

Grilled Vegetable 13.50 • 590 CAL
lacinato kale, organic baby spinach, asparagus,
yellow squash, zucchini, corn, tomatoes, avocado,
crispy farro, parmesan cheese, micro basil,
creamy garlic vinaigrette

Cilantro Lime Chicken † 15.50 • 490 CAL
organic baby greens, jack cheese, petite tomatoes,
grilled corn, pumpkin seeds, cilantro lime vinaigrette

Wild Salmon Niçoise * † 18.50 • 560 CAL
organic baby greens, herb and dijon roasted salmon,
green beans, kalamata olives, petite tomatoes, red onion,
potatoes, egg, capers, dijon balsamic vinaigrette

Crispy Panko Chicken 15.75 • 820 CAL
organic baby greens, bacon, egg, avocado, tomatoes,
grilled corn, cilantro, honey dijon dressing

Shrimp & Arugula with Sweet Corn 17.75 • 560 CAL
wild shrimp, petite tomatoes, warm polenta croutons,
parmesan cheese crisp, creamy garlic vinaigrette

Warm Asian Glazed Chicken 15.50 • 690 CAL
organic baby greens, julienne vegetables,
crisp wontons, mandarin oranges, toasted almonds,
sesame seeds, cilantro, ginger sesame dressing

ENTREES

Wild Salmon & Cauliflower * † 19.00 • 620 CAL
pepperonata vegetables, creamy parmesan polenta,
lemon honey gastrique

Tuscan Grilled Chicken 18.00 • 870 CAL
heirloom tomatoes, asparagus, brussels sprouts,
farro, fresh mozzarella, lemon basil vinaigrette

Lobster Risotto † 23.00 • 600 CAL
saffron butter, peas, green onion, parmesan cheese,
herb salad, calabrian chili oil

Grilled Flat Iron Steak * 24.50 • 850 CAL
8 oz flat iron steak, crispy parmesan potatoes,
broccolini, calabrian chili butter, balsamic reduction

SANDWICHES

served with choice of alderwood smoked sea salt fries or
side salad

Turkey & Swiss BLT 14.75 • 1090/920 CAL
natural roast turkey, bacon, tomato,
organic baby greens, calabrian pepper aioli,
toasted organic whole wheat bread

Chicken Parmesan Baguette 15.25 • 1090/930 CAL
panko crusted chicken breast, provolone cheese,
roasted garlic tomato sauce, organic arugula,
basil pesto, lemon basil vinaigrette

Market Burger * 15.75 • 1210/1060 CAL
lettuce, tomato, red onion, jack cheese, roasted garlic
aioli, toasted artisan bun

Chicken Club with Maple Glazed Bacon
15.00 • 990/820 CAL
avocado, tomato, organic baby greens, peppercorn aioli,
toasted country bread

2,000 calories a day is used for general nutrition advice, but calorie needs vary

Additional nutrition information available upon request

*Item is served or may be requested undercooked. Consuming raw or undercooked meats, poultry, eggs, shellfish or seafood can increase your risk of foodborne illness

† Gluten free

Before placing your order, please inform your server if a person in your party has a food allergy

PASTA

Smoked Bacon & Asparagus Carbonara
15.00 • 880 CAL
chitarra pasta, peas, parmesan cheese

Penne Bolognese & Meatballs 14.75 • 1130 CAL
chicken meatballs, spicy italian sausage, roasted red
pepper and tomato cream sauce, parmesan cheese

Rosemary Chicken & Artichoke Pasta
15.00 • 1090 CAL
campanelle pasta, organic baby spinach,
petite tomatoes, pine nuts, feta cheese,
lemon herb butter sauce

Spicy Wild Shrimp Pomodoro 18.25 • 690 CAL
rosemary garlic shrimp, pappardelle pasta,
roasted garlic tomato sauce, basil, parmesan cheese

HANDMADE PIZZA

Sausage & Sweet Pepper 13.50 • 1140 CAL
sweet tomato sauce, mozzarella, parmesan and
aged provolone cheese, fennel sausage, basil

Margherita 13.25 • 850 CAL
roma tomatoes, garlic oil, basil, mozzarella,
parmesan and aged provolone cheese

Pepperoni & Mushroom 13.50 • 1050 CAL
sweet tomato sauce, mozzarella and
aged provolone cheese, basil, oregano