

	SERVING SIZE (G)	CALORIES	CALORIES FROM FAT	FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBOHYDRATES (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VITAMIN A (%DV)	VITAMIN C (%DV)	CALCIUM (%DV)	IRON (%DV)
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STARTERS

Roma Tomato Basil - Cup w/crostini	187	220	142	16	9	0	46	415	16	3	5	4	57	30	11	11
Roma Tomato Basil - Bowl w/crostini	357	370	252	28	15	0	83	714	27	5	11	7	113	59	19	20
Brussels Sprouts Frite	223	280	126	14	1	0	0	75	38	7	22	7	27	256	8	16
Burrata with Heirloom Tomatoes	254	400	197	22	9	0	40	496	32	3	0	13	27	63	32	7
Cilantro Lime Chicken Tacos	126	300	175	19	4	0	46	238	25	2	2	11	38	36	13	8
Fried Calamari	297	460	140	16	2.5	0	401	691	47	3	19	32	16	62	13	17
Grilled Romaine Caesar	211	320	226	25	5	0	18	434	18	3	4	7	225	12	16	13
Hamachi Tostada	150	390	206	23	3.5	0	30	530	10	1	2	11	6	20	6	6
Pear, Kale & Blue Cheese Salad	215	410	149	17	3.5	0	11	294	61	10	25	9	97	68	15	10

PASTA & PIZZA

Mushroom & Chicken Pasta	585	980	503	56	18	0	148	721	77	7	10	48	86	66	37	34
Spaghetti & Meatballs	466	1130	520	58	25	2.5	225	1007	88	7	9	57	87	44	49	63
Wild Shrimp & Saffron Chitarra Pasta	548	930	495	55	17	0	279	1280	65	5	5	39	58	160	25	21
Asparagus & Leek Flatbread	331	940	532	59	20	0	84	774	71	5	5	35	46	27	67	36
Herbed Mushroom Flatbread	359	750	381	42	16	0	54	879	62	4	5	33	16	8	64	26
Neapolitan Pizza	229	500	183	20	9	0	37	538	59	3	3	20	13	12	34	24

SEAFOOD

Cilantro Lime Shrimp	368	480	280	31	6	0	190	1003	27	4	7	27	60	37	26	11
Crab Roll (w/ fries)	368	480	280	31	6	0	190	1003	27	4	7	27	60	37	26	11
Crab Roll (w/ salad)	310	440	208	23	6	0	129	690	37	4	6	23	56	48	19	19
Glazed Wild Salmon with Farro	480	1010	575	64	9	0	87	289	64	11	14	52	67	43	16	41
Sake Marinated Ling Cod	377	400	127	14	5	0	139	2063	24	1	9	41	44	7	9	13
Wild Salmon Nicoise	442	540	318	35	4.5	0	242	678	22	5	4	35	67	54	12	25

MEAT

Braised Beef & Barley	539	1160	570	63	15	0	130	1626	89	21	9	57	25	70	20	50
BV Burger (w/ fries)	518	1240	676	75	25	2.5	190	1499	83	5	8	52	19	23	24	42
BV Burger (w/ salad)	462	1010	598	66	23	2.5	191	970	51	3	8	51	39	24	27	39
Brick Oven Steak Salad	418	740	239	27	6	0.5	91	365	83	5	35	42	85	44	23	44
Short Rib Grilled Cheese (w/ fries)	309	1000	569	63	28	0	125	1004	76	5	8	32	15	28	38	37
Short Rib Grilled Cheese (w/ salad)	253	780	490	54	26	0.5	125	475	43	3	8	30	35	23	39	28
Skirt Steak	525	1070	702	78	40	1	315	689	36	4	3	58	52	73	43	29

POULTRY

Pan Roasted Chicken	749	1340	858	95	28	0	323	493	37	3	3	82	38	72	9	28
Roast Turkey Club (w/ fries)	446	1030	476	53	10	0	78	1976	98	14	18	42	78	54	9	31
Roast Turkey Club (w/ salad)	391	810	397	44	8	0	79	1447	65	12	18	40	98	56	12	28
Sesame Chicken Salad	424	850	365	41	4	0	105	1059	82	8	11	40	125	75	22	54
SXSW Sandwich (w/ fries)	518	910	378	42	9	0	141	1258	89	7	10	41	48	43	15	38
SXSW Sandwich (w/ salad)	462	680	299	33	7	0	142	730	56	5	10	40	67	45	17	35

KIDS' MENU *(Includes Side of Fruit & Raisins)*

Buttered Noodles	202	420	66	7	4	0	17	98	79	4	5	10	42	37	5	23
Grilled Cheese Sandwich (340,349,384)	258	700	289	32	16	0	72	895	80	9	11	26	53	41	46	20
Natural Roast Turkey Sandwich	234	450	119	13	2	0	31	657	64	7	13	19	85	56	6	19
Grilled Chicken	206	350	114	13	3	0	86	281	35	3	5	23	41	41	3	12
Chicken Fingers	304	660	280	31	7	0.0	58	1127	78	4	25	18	4	30	2	15
Grilled Cheese Sandwich (832, 835)	266	670	247	27	12	0.5	55	1313	90	9	18	20	14	28	50	20
Macaroni & Cheese	300	630	291	32	19	0	115	624	69	6	13	19	22	24	27	20
Pasta with Tomato Sauce	325	380	83	9	1.5	0	4	578	73	10	15	12	7	43	11	31

DESSERTS

Affogato	85	120	46	5	3.5	0	23	38	57	0	57	2	0	0	1	0
Apple Cobbler	389	830	277	31	19	0	95	132	134	6	99	8	18	14	7	11
Apple Crostata	339	910	396	44	28	0	125	49	125	4	86	8	25	19	4	14
Cheesecake with Bourbon Caramel	208	740	503	56	30	0	282	413	52	1	48	11	41	0	15	6
Cheesecake with Sea Salt Caramel	217	770	505	56	32	0	296	444	58	0	54	11	44	0	15	6
Chocolate Paradise Cake	350	1170	602	67	31	0	192	360	138	8	103	13	31	1	20	45
Crème Brûlée	192	640	456	51	30	0	418	58	42	1	37	6	44	7	12	6
Lemon Custard Cake	215	590	467	52	31	0	294	78	28	3	17	8	36	48	10	6
Lemon Ricotta Shortcake	231	820	395	44	26	0	315	194	97	4	68	13	32	37	24	15
Sorbet & Gelato	170	310	122	14	9	0	60	75	38	0	38	6	0	0	0	0
Triple Choc Chip Cookies (1/2 doz)	174	830	442	49	29	0	147	50	86	9	62	11	11	0	17	108
Triple Choc Chip Cookies (1 doz)	349	1670	883	98	59	0	294	101	171	19	124	22	22	0	34	216
Warm Brioche Bread Pudding	204	750	458	51	30	0	229	227	65	2	43	10	31	7	24	8
Warm Choc Chip Cookie with Gelato	205	800	387	43	26	0	105	480	101	5	68	8	6	0	4	15
White Chocolate Bread Pudding	388	1570	972	108	65	0	526	305	134	3	95	21	71	18	47	20