

	SERVING SIZE (G)	CALORIES	CALORIES FROM FAT	FAT (G)	SATURATED FAT (G)	TRANS FAT (G)	CHOLESTEROL (MG)	SODIUM (MG)	CARBOHYDRATES (G)	FIBER (G)	SUGARS (G)	PROTEIN (G)	VITAMIN A (%DV)	VITAMIN C (%DV)	CALCIUM (%DV)	IRON (%DV)
SPECIALTIES																
Ahi Tuna Poke	281	390	116	13	1	0	51	1406	31	4	4	36	9	26	10	23
Brussels Sprouts Frite	209	280	126	14	1	0	0	75	38	7	22	7	27	256	8	16
Cilantro Lime Chicken Tacos	255	610	349	39	8	0	91	492	49	4	5	22	75	72	26	16
Crispy Calamari	263	500	154	17	2.5	0	468	689	50	2	22	35	6	17	14	14
Crispy Cauliflower	298	440	305	34	7	0	25	522	26	10	9	15	13	299	28	24
Crispy Chicken Wings	259	830	367	41	4.5	0	145	873	57	3	21	56	6	16	5	15
Fresh Berry Salad	158	260	164	18	3	0	13	88	24	4	15	6	24	44	7	10
Heirloom Tomatoes & Burrata	252	480	331	37	11	0	42	374	19	2	0	12	32	52	35	6
Herbed French Fries	244	710	419	47	8	0	10	1072	66	5	4	5	2	24	1	12
Kale & Manchego Salad	145	330	204	23	4	0	12	103	28	4	17	8	143	80	19	16
Kalua Pork Sliders	204	590	328	36	10	0	113	1091	38	3	12	32	5	20	6	15
Kung Pao Brussels Sprouts	260	350	187	21	3	0	36	604	30	7	13	15	28	243	10	18
Maple Bacon Deviled Eggs	125	340	230	26	7	0	515	461	10	0	7	16	19	5	9	9
Mediterranean Hummus	425	970	576	64	10	0	13	309	83	13	8	23	9	20	27	43
Miso Tofu Salad	180	220	162	18	2.5	0	6	161	12	2	3	6	74	36	24	9
Neapolitan Pizza	229	500	183	20	9	0	37	538	59	3	3	20	13	12	34	24
Nueske's Bacon & Cheddar Biscuits	210	900	516	57	27	0	140	1442	62	2	14	33	29	9	51	23
Pear, Kale & Blue Cheese Salad	215	410	149	17	3.5	0	11	294	61	10	25	9	97	68	15	10
Polenta Fries	291	880	667	74	23	0	117	870	43	4	6	13	29	15	34	18
Ricotta Meatballs	349	670	362	40	15	1	199	1055	41	3	5	35	19	32	36	29
Roasted Mushroom Bruschetta	172	380	250	28	4.5	0	13	325	27	4	2	9	9	6	5	12
Simple Salad	114	240	181	20	2.5	0	5	201	11	1	2	4	26	23	8	4
Smoked Wild Salmon Toast	146	260	114	13	6	0	59	838	26	1	2	18	6	5	6	12