

NORDSTROM RESTAURANT NUTRITION

Recipe Name	Serving Size	Serv Per Container	Calories	Total Fat %	Total Fat %	Saturated Fat %	Saturated Fat %	Trans Fat %	Cholesterol %	Cholesterol %	Sodium(mg)	Sodium %	Total Carb(g)	Total Carb %	Dietary Fiber %	Dietary Fiber %	Sugar(mg)	Added Sugar %	Protein(mg)	Vitamin D(mg)	Vitamin D(mg)	Calcium(mg)	Calcium %	Iron(mg)	Iron(mg)	Potassium %	Potassium %		
SOUPS & STARTERS																													
Artichoke Soup	385	1	1200	80	102	23	115	0	165	38	2640	110	100	36	9	33	11	9	18	27	0	0	710	50	5	25	470	10	
Chicken Line Chicken Tacos	125	1	400	18	2	10	0	0	45	10	110	5	21	7	2	0	3	1	1	12	0	0	130	12	1	6	260	6	
Cashew Soup (includes crostini)	170	1	300	22	28	13	65	0	10	24	820	35	20	7	2	8	0	0	0	0	0	83	2	10	13	8	260	0	
Cashew Soup (includes crostini)	170	1	300	22	28	13	65	0	10	24	820	35	20	7	2	8	0	0	0	0	0	83	2	10	13	8	260	0	
Crab Bisque	344	1	650	38	50	23	117	0	180	44	1410	64	31	11	3	10	3	0	0	13	0	0	100	10	10	10	500	0	
Crab Chowder	344	1	650	38	50	23	117	0	180	44	1410	64	31	11	3	10	3	0	0	13	0	0	100	10	10	10	500	0	
Crab Chowder (includes crostini)	187	1	325	20	25	12	59	0	75	24	820	35	22	8	1	4	2	0	0	15	0	0	110	10	10	10	490	0	
Crab Chowder (includes crostini)	187	1	325	20	25	12	59	0	75	24	820	35	22	8	1	4	2	0	0	15	0	0	110	10	10	10	490	0	
French Onion Soup	418	1	900	33	42	15	77	0	10	24	1780	78	42	15	4	16	10	0	0	28	0	0	550	40	2	10	610	15	
Herbom Tomato and Burrata	202	1	350	31	47	11	97	0	45	15	860	26	27	10	3	10	5	2	4	14	0	0	380	30	2	10	350	0	
Korea Pot Broccoli Soup	430	1	650	43	55	24	124	0	44	11	1110	45	30	11	3	9	20	13	25	16	0	0	70	60	2	10	480	10	
Labneh - Cup (includes crostini)	187	1	350	20	28	13	65	0	10	24	820	35	20	7	2	8	0	0	0	17	0	0	83	2	10	13	8	260	0
Labneh - Bowl (includes crostini)	350	1	650	38	50	23	117	0	180	44	1410	64	31	11	3	10	3	0	0	13	0	0	100	10	10	10	500	0	
Roast Tomato Basil Soup (includes crostini)	344	1	650	38	50	23	117	0	180	44	1410	64	31	11	3	10	3	0	0	13	0	0	100	10	10	10	500	0	
Roast Tomato Basil Soup (includes crostini)	344	1	650	38	50	23	117	0	180	44	1410	64	31	11	3	10	3	0	0	13	0	0	100	10	10	10	500	0	
Roast Chicken Chow Chow	125	1	400	18	2	10	0	0	45	10	110	5	21	7	2	0	3	1	1	12	0	0	130	12	1	6	260	6	
Smoked Salmon	125	1	400	18	2	10	0	0	45	10	110	5	21	7	2	0	3	1	1	12	0	0	130	12	1	6	260	6	
SALADS																													
Chloro Line Salad	215	1	310	22	29	6	29	0	20	6	520	23	20	7	3	11	9	1	3	11	0.1	0	200	15	2	10	460	10	
Chloro Line Salad with Roasted Chicken	414	1	760	60	77	20	100	0	160	33	920	40	20	7	3	11	9	1	3	48	0.3	0	210	15	9	50	950	20	
Chloro Line Salad with Wild Pacific Shrimp	414	1	760	60	77	20	100	0	160	33	920	40	20	7	3	11	9	1	3	48	0.3	0	210	15	9	50	950	20	
Chloro Line Salad with Alaskan Sockeye Salmon	414	1	760	60	77	20	100	0	160	33	920	40	20	7	3	11	9	1	3	48	0.3	0	210	15	9	50	950	20	
Chloro Line Salad with Roasted Cauliflower	329	1	520	34	44	7	36	0	100	33	1440	52	20	7	3	11	9	1	3	38	0	0	110	15	3	15	520	20	
Chloro Line Salad with Roasted Cauliflower	329	1	520	34	44	7	36	0	100	33	1440	52	20	7	3	11	9	1	3	38	0	0	110	15	3	15	520	20	
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Chloro Line Salad with Roasted Cauliflower	329	1	520	34	44	7	36	0	100	33	1440	52	20	7															

NORDSTROM RESTAURANT ALLERGEN MENU

	ALLERGEN	MILK	EGGS	FISH	SHELLFISH	TREE NUTS	PEANUTS	WHEAT/GLUTEN	SOYBEANS	SESAME	SULFITES	MSG
SOUPS & STARTERS												
Artichoke Spinach Dip												
Chileño Lime Chicken Tacos		X	X					X	X			X
Chim Chowder (with cream)		X		X				X				
Crab Bisque (with cream)												
Crab Cakes												
French Onion Soup		X	X									
Hamburger Tomatoes & Burrata		X	X					X	X			X
Hot & Cold Bruschetta												
Lebanese Borscht (with cream)				X				X	X			X
Roast Tomato Beet (with cream)												
Rustic Cheddar Cheese Bread		X						X				
Simple Salad		X	X	X				X				X
SALADS												
Chileño Lime Salad		X										X
Chileño Lime Salad with Skirt Steak		X										X
Chileño Lime Salad with Roasted Chicken		X										X
Chileño Lime Salad with Wild Pacific Shrimp		X			X							X
Chileño Lime Salad with Alaskan Sockeye Salmon		X		X								X
Chileño Lime Salad with Roasted Cauliflower		X										X
Chloro Sesame Salad			X				X	X	X	X	X	X
Chloro Sesame Salad with Saffron Shrimp			X				X	X	X	X	X	X
Chloro Sesame Salad with Roasted Chicken			X				X	X	X	X	X	X
Chloro Sesame Salad with Wild Pacific Shrimp			X		X		X	X	X	X	X	X
Chloro Sesame Salad with Alaskan Sockeye Salmon			X	X			X	X	X	X	X	X
Chloro Sesame Salad with Roasted Cauliflower			X				X	X	X	X	X	X
Honey Dijon Cobb			X									X
Honey Dijon Cobb with Skirt Steak			X									X
Honey Dijon Cobb with Roasted Chicken			X	X								X
Honey Dijon Cobb with Wild Pacific Shrimp			X		X							X
Honey Dijon Cobb with Alaskan Sockeye Salmon			X	X	X							X
Honey Dijon Cobb with Roasted Cauliflower			X									X
Lilife Gem Caesar			X						X			X
Lilife Gem Caesar with Skirt Steak			X	X					X			X
Lilife Gem Caesar with Roasted Chicken			X	X					X			X
Lilife Gem Caesar with Wild Pacific Shrimp			X	X	X				X			X
Lilife Gem Caesar with Alaskan Sockeye Salmon			X	X	X				X			X
Lilife Gem Caesar with Roasted Cauliflower			X	X					X			X
Chilled Shrimp & Crab Louis			X	X	X				X			X
Crab, Mango & Avocado Salad			X	X	X				X			X
Wild Salmon Niçoise			X	X	X				X			X
Shrimp & Asparagus with Sweet Corn			X	X	X				X			X
SANDWICHES												
Chicken & Goat Cheese Panini w/ fries		X	X					X				X
Chicken & Goat Cheese Panini w/ truffle parmesan fries		X	X					X				X
Chicken & Goat Cheese Panini w/ side caesar salad		X	X	X				X				X
Chicken & Goat Cheese Panini w/ side caesar salad		X	X	X				X				X
Crispy Chicken Sandwich w/ fries		X	X					X				X
Crispy Chicken Sandwich w/ truffle parmesan fries		X	X					X				X
Crispy Chicken Sandwich w/ side simple salad		X	X					X				X
Crispy Chicken Sandwich w/ side caesar salad		X	X					X				X
French Dip w/ fries		X	X					X				X
French Dip w/ truffle parmesan fries		X	X					X				X
French Dip w/ side simple salad		X	X					X				X
French Dip w/ side caesar salad		X	X					X				X
French Dip w/ fries		X	X					X				X
French Dip w/ truffle parmesan fries		X	X					X				X
French Dip w/ side simple salad		X	X					X				X
French Dip w/ side caesar salad		X	X					X				X
Northstrom Burger w/ fries		X	X					X				X
Northstrom Burger w/ truffle parmesan fries		X	X					X				X
Northstrom Burger w/ side simple salad		X	X					X				X
Northstrom Burger w/ side caesar salad		X	X					X				X
Northstrom Burger - Beyond Burger w/ fries		X	X					X				X
Northstrom Burger - Beyond Burger w/ truffle parmesan fries		X	X					X				X
Northstrom Burger - Beyond Burger w/ side simple salad		X	X					X				X
Northstrom Burger - Beyond Burger w/ side caesar salad		X	X					X				X
Northstrom Double Beef Burger w/ fries		X	X					X				X
Northstrom Double Beef Burger w/ truffle parmesan fries		X	X					X				X
Northstrom Double Beef Burger w/ side simple salad		X	X					X				X
Northstrom Double Beef Burger w/ side caesar salad		X	X					X				X
Northstrom Double Beef Burger - Beyond Burger & Chips		X	X					X				X
Northstrom Double Beef Burger - Beyond Burger w/ fries		X	X					X				X
Northstrom Double Beef Burger - Beyond Burger w/ truffle parmesan fries		X	X					X				X
Northstrom Double Beef Burger - Beyond Burger w/ side simple salad		X	X					X				X
Northstrom Double Beef Burger - Beyond Burger w/ side caesar salad		X	X					X				X
Roasted Turkey & Avocado Club w/ fries		X	X					X				X
Roasted Turkey & Avocado Club w/ truffle parmesan fries		X	X					X				X
Roasted Turkey & Avocado Club w/ side simple salad		X	X					X				X
Roasted Turkey & Avocado Club w/ side caesar salad		X	X					X				X
Spicy Chicken Panini Sandwich w/ fries		X	X					X				X
Spicy Chicken Panini Sandwich w/ truffle parmesan fries		X	X					X				X
Spicy Chicken Panini Sandwich w/ side simple salad		X	X					X				X
Spicy Chicken Panini Sandwich w/ side caesar salad		X	X					X				X
Santa Fe Chicken Panini - Chips		X	X					X				X
Santa Fe Chicken Panini w/ side simple salad		X	X					X				X
Santa Fe Chicken Panini w/ side caesar salad		X	X					X				X
PASTA												
Chicken Lemon Pasta Gnocchi		X	X	X				X				X
Chitarra Genovese		X	X					X				X
Crab Macaroni & Cheese		X	X	X				X				X
Gnocchi with Chicken Meatballs		X	X	X				X				X
Mushroom & Chicken Campanelle		X	X	X				X				X
Philly Cheesesteak w/ Meatballs		X	X	X				X				X
Penne Bolognese & Meatballs		X	X	X				X				X
Perkashita Mushroom Ravioli		X	X	X	X			X	X			X
Spinach Wild Shrimp Ravioli		X	X	X	X			X	X			X
Ragu & Chicken Sausage		X	X	X				X				X
Wild Shrimp Tortelloni		X	X	X	X			X				X
PIZZA												
Cauliflower crust												
Margherita Flatbread		X						X				
Margherita Flatbread w/ chicken sausage		X						X				
Margherita Flatbread w/ pepperoni		X						X				
Margherita Flatbread w/ roasted mushrooms		X						X				
Margherita Pizza		X						X				
Pepperoni & Mushroom Pizza		X						X				
Spinach Sausage Pizza		X			X			X				
ENTREES												
Chef's Featured Steak - 16oz mignon		X										
Chef's Featured Steak - 8oz filet		X										
Chef's Featured Steak - skirt		X										
Chicken Parmesan		X	X					X				X
Crispy Chicken Panko		X	X					X				X
Halibut & Chips		X	X	X			X	X	X	X	X	X
Hot Season Chicken		X	X					X				X
Lump Crab Cakes with Saffron Vegetable Couscous		X	X					X				X
Wild Salmon & Cauliflower		X						X				X
Wild Salmon Dinner		X			X			X				X
Wild Salmon with Saffron Couscous		X						X				X
NOB												
Battered Noodles		X	X					X				X
Cheese Tortelloni		X	X					X				X
Chicken Tenders - bbq sauce		X	X					X				X
Chicken Tenders - ketchup		X	X					X				X
Chicken Tenders - ranch		X	X					X				X
Crispy Cheesecake & Tomato Soup		X	X					X				X
Macaroni & Cheese		X	X					X				X
Parmesan Alfredo with Chicken		X	X					X				X
Roasted Chicken Breast		X	X					X				X
Steamed Wild Salmon		X	X					X				X
DESSERT												
Cheese Brûlée		X	X					X				X
Double Chocolate Brownie Sundae		X	X					X	X			X
White Chocolate Bread Pudding		X	X					X	X			X
Ice Cream Chocolate		X	X					X	X			X
Ice Cream Strawberry		X	X					X	X			X
Ice Cream Vanilla		X	X					X	X			X
Cookie Chocolate Chunk		X	X					X	X	X		X
Cookie Oatmeal Raisin		X	X					X	X	X		X
Cookie Raspberry		X	X					X	X	X		X
Cookie Snickers		X	X					X	X	X		X
Cookie Lemon Ricotta		X	X					X	X	X		X
Chocolate Chocolate Brownie		X	X					X	X	X		X
Macarons		X	X					X	X	X		X
Nordby Bar		X	X	X				X	X	X		X
Onion Butter Crispy Bar		X	X	X				X	X	X		X
BRUNCH												
Avocado Toast		X	X					X	X	X		X
Bacon Waffles - Chocolate		X	X									